

OSHIIP News

*Published by the Ohio Department of Insurance to
serve our dedicated OSHIIP volunteers throughout Ohio*

DECEMBER 2011

Medicare adds screening and counseling coverage for depression, alcohol misuse

The Centers for Medicare & Medicaid Services (CMS) announced Oct. 14 two new national determinations that cover alcohol misuse screening and behavioral counseling for Medicare beneficiaries as well as screening for depression. These new coverage policies add to the existing portfolio of covered preventive services, most of which are now available to people with Medicare at no additional cost.

“Preventive services bring relief to Medicare beneficiaries for whom preventive care means early identification of disease and greater opportunity for treatment and recovery,” said CMS Administrator Donald M. Berwick, MD. “It’s just as important for our elderly beneficiaries to enjoy access to preventive services as it is for any American.”

Alcohol misuse puts individuals at risk for ill health. Misuse is linked to diseases such as cancer, liver disease and cardiac disease, as well as mental and emotional problems. For society at large, alcohol-related problems include economic losses from illness and injury, and disruption of family and social relationships.

Medicare’s annual alcohol misuse screening is covered in settings such as physicians’ offices when given by primary care providers, such as a beneficiary’s family practice physician, internal medicine physician, or

nurse practitioner. The benefit also includes four (4) behavioral counseling sessions per year furnished by the primary care provider, if beneficiaries screen positive for alcohol misuse.

Depression is a medical disorder characterized by feeling sad, diminished interest in pleasurable activities, feelings of guilt, decreased ability to concentrate, and other symptoms experienced nearly every day. Depression may also include thoughts of suicide. One in six people of those age 65 and older suffers from depression.

Screening for depression is now covered annually for beneficiaries in primary care settings that have staff resources to follow up with appropriate treatment and referrals. This screening’s purpose is to assure accurate diagnosis, effective treatment and follow-up.

Counseling tips

The preventive services discussed here became available effective Oct. 14, 2011.

If your client receives treatment for depression or alcohol misuse any time after the effective date, there should be no cost for the client.

The procedural code for any treatment of the issues described here will almost always begin with **908**.

Inside: 3rd Quarter County-by-County Counseling Reports, page 2.

3rd Quarter: #1 Fairfield #2 Stark #3 Lucas

County	July	Aug	Sept	3rd Q
Adams	14	33	19	66
Allen	29	46	50	125
Ashland	45	65	10	120
Auglaize	1	1	1	3
Belmont	2	0	0	2
Butler	20	21	15	56
Champaign	5	15	3	23
Clark	37	45	45	127
Clermont	2	0	0	2
Clinton	0	20	39	59
Columbiana	6	8	0	14
Crawford	0	2	4	6
Cuyahoga	51	30	35	116
Darke	0	3	4	7
Defiance	1	0	0	1
Delaware	2	2	4	8
Erie	4	1	0	5
Fairfield	307	440	444	1,191
Fayette	7	12	3	22
Franklin	97	143	159	399
Fulton	12	8	10	30
Gallia	11	15	16	42
Geauga	20	219	96	335
Greene	65	46	32	143
Hamilton	21	14	8	43
Hancock	1	12	0	13
Hardin	11	14	4	29
Harrison	1	8	8	17
Henry	0	1	0	1
Highland	34	63	31	128
Hocking	0	2	0	2
Huron	29	31	24	84
Jackson	1	0	4	5
Knox	1	1	1	3

County	July	Aug	Sept	3rd Q
Lake	17	51	34	102
Licking	3	1	1	5
Logan	35	1	2	38
Lorain	11	28	23	62
Lucas	170	225	94	489
Mahoning	42	60	34	136
Marion	5	4	1	10
Medina	7	16	19	42
Meigs	0	0	4	4
Mercer	15	8	2	25
Montgomery	26	55	47	128
Morgan	0	6	0	6
Muskingum	48	54	67	169
Noble	0	0	2	2
Perry	14	21	16	51
Pike	0	0	4	4
Portage	3	1	0	4
Preble	10	14	0	24
Putnam	5	10	5	20
Richland	0	3	0	3
Ross	9	15	12	36
Sandusky	64	75	40	179
Scioto	9	5	2	16
Shelby	1	0	0	1
Stark	217	258	142	617
Summit	2	17	10	29
Trumbull	25	48	49	122
Tuscarawas	15	12	15	42
Union	6	2	14	22
Van Wert	0	1	0	1
Warren	2	3	0	5
Washington	0	3	4	7
Wayne	11	21	18	50
Williams	7	2	3	12
Wood	3	0	0	3

Program totals reported:

July	August	Sept.	Total 3rd Qtr.	Total 2nd Qtr.
1,619	2,341	1,733	5,693	5,120

*Chart shows reported counseling activity only. Please report every session.
Reporting is easy... go to shipnpr.shiptalk.org or send in a completed client contact form.*

Volunteer Profile

Franklin County's Amy Schossler finds ways to reach beneficiaries

As Director of the Upper Arlington Commission on Aging, Amy Schossler has witnessed an increase in the number of people she counsels who are new to Medicare.

What's more, she's identified a great way to introduce them to their new health coverage.

"In the last couple of years, we've sponsored Medicare 101 presentations twice each year," Amy said.

This provides those who are new to Medicare with a casual setting to get answers to many common questions. And it makes it easier for people who attend to schedule a personal counseling appointment.

Medicare 101 represents just one of many outreach services available from the Upper Arlington commission.

Another, *Kind Call*, places automated check-up calls to those who register. Calls are timed according to the citizen's wishes. If there's no answer, the call is repeated several times over 30 minutes. A designated person visits the residence if the calls continue to go unanswered.

Also offered is *A Matter of Balance*, a program that focuses on preventing falls, and which Amy teaches.

Amy joined the commission in 2004 and has been an OSHIIP volunteer since early 2005.

She was born in Hudson, OH, and moved with her family to the Columbus area when she was in high school.

Amy's favorite aspect of volunteering for OSHIIP: "Counseling people who are

overwhelmed. I like turning a complicated subject into something manageable for them," she said.

Her toughest case involved a client who is a dual eligible with a complex medical and financial situation.

This particular client was scheduled for a liver transplant. While she waited for the operation, her prescriptions changed with her changing condition. During this time, Amy regularly assisted the client in finding a new PDP.



*"A Matter of Balance"
instructor Amy Schossler*

Amy said, "My client is a great example of someone with an ever-changing medical condition whose prescriptions change regularly as a result."

She knows OSHIIP volunteers don't have to have all the answers, "but we need to know how to find them."

Amy suggested that volunteers who may feel unsure about counseling could benefit by shadowing a more experienced volunteer.

"The more we practice counseling, the easier it gets," she said.

Thank you, Amy. And thanks to the Upper Arlington Commission on Aging!

Email rebecca.hayward@insurance.ohio.gov to suggest a volunteer for this feature

Medicare Part D stand-alone prescription drug plans for 2012

People who get their health benefits from a Medicare supplement policy or a Medicare Advantage plan with no drug coverage may enroll in a stand-alone prescription drug plan. New customers can call the phone numbers shown; if you need to contact a plan you're already in, check your membership card for a customer service phone number.

Company Name Company Phone	Part D Plan Names Offered by the Company	\$0 Prem. w/LIS?	Monthly Premium	Annual Deduct.	Type of Coverage in the Gap
Aetna Medicare 1-800-529-5586	Aetna/CVS PDP Basic	•	\$26.00	\$320	No gap coverage
	Aetna Medicare Rx Premier		\$68.70	\$0	Many generics
Anthem BC / BS 1-800-243-3363	Blue MedicareRx Standard		\$36.60	\$320	No gap coverage
	Blue MedicareRx Plus		\$66.70	\$0	Some generics
	Blue MedicareRx Premier		\$107.60	\$0	Many generics, some brands
Bravo Health 1-800-821-7513	BravoRx		\$42.20	\$320	No gap coverage
CIGNA Medicare Rx 1-800-222-6700	Medicare Rx Plan One		\$32.00	\$320	No gap coverage
	Medicare Rx Plan Two		\$62.40	\$0	Few generics
Community CCRx 1-866-684-5353	Community CCRx Basic	•	\$26.90	\$320	No gap coverage
	Community CCRx Choice		\$76.00	\$0	No gap coverage
EnvisionRx Plus 1-866-250-2005	EnvisionRxPlus Silver	•	\$26.70	\$320	No gap coverage
	Rite Aid Envision RxPlus		\$66.30	\$0	Some generics
First Health Part D 1-800-588-3322	Part D-Value Plus		\$25.10	\$0	No gap coverage
	Part D-Premier Basic		\$38.20	\$250	No gap coverage
	Part D-Premier Plus		\$92.10	\$0	Some generics, some brands

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Company Name Company Phone	Part D Plan Names Offered by the Company	\$0 Prem. w/LIS?	Monthly Premium	Annual Deduct.	Type of Coverage in the Gap
Health Net 1-800-949-0166	Orange Option 1 Orange Option 2		\$39.10 \$71.20	\$320 \$0	No gap coverage No gap coverage
HealthSpring PDP 1-888-299-3582	HealthSpring PDP	•	\$29.70	\$320	No gap coverage
Humana 1-800-833-0632	Walmart Preferred Rx Humana Enhanced Humana Complete	•	\$15.10 \$46.10 \$111.50	\$320 \$0 \$0	No gap coverage No gap coverage Many generics, some brands
Medco 1-800-758-4531	Medicare Rx Plan Value Medicare Rx Plan Choice		\$44.60 \$63.40	\$320 \$150	No gap coverage Many generics
PrimeTime 1-800-577-5084	PrimeTime Rx Basic PrimeTime Rx Enhanced		\$43.50 \$66.60	\$320 \$0	No gap coverage All generics
SilverScript 1-866-552-6106	CVS Caremark Value CVS Caremark Plus	•	\$27.70 \$78.50	\$320 \$0	No gap coverage No gap coverage
United American 1-866-524-4169	United American Select United American Preferred	•	\$29.10 \$49.80	\$320 \$100	No gap coverage No gap coverage
UnitedHealthcare 1-888-867-5564	Medicare Rx Preferred Medicare Rx Enhanced		\$34.80 \$83.80	\$0 \$0	No gap coverage Some generics
WellCare 1-866-765-4390	WellCare Classic WellCare Signature	•	\$30.40 \$57.00	\$320 \$0	No gap coverage No gap coverage

Please note: www.medicare.gov is the source for this information

Medicare Claims Adjustments

News You Can Use

Medicare changed the way it pays for some health care services in 2010. Because of these changes, it's necessary for Medicare to now adjust many older claims.

It's possible Medicare could pay providers a different amount as a result of these changes. The different amount could be more or less and may affect the coinsurance amount paid or owed by the Medicare beneficiary.

These claims processing adjustments will impact only people who have Original Medicare, not those with Medicare Advantage plans.

The Centers for Medicare & Medicaid Services (CMS) has taken the following steps to make sure people with Medicare know about this issue.

- 1-800-MEDICARE: The call center has added scripting information to answer questions on this topic.
- Medicare Summary Notice: All Medicare Summary Notices now include the following messages:
 1. In the BE INFORMED area: You may see some claims that have been adjusted. For an explanation see General Information.
 2. In the General Information area: Your claims may

have been adjusted since Medicare changed how it pays for certain services in 2010. You can compare claims that have been changed to previous statements you received in the past.

Your provider may owe you a refund or you may have to pay more coinsurance. Call your provider or 1-800-MEDICARE.

- Caregivers: An article on this topic will be in an upcoming issue of the Ask Medicare electronic newsletter for caregivers.
- Partners and Advocates: Information will be presented to these groups at regular update calls, including the SHIP Forum call, National Medicare Training Program monthly audio-training, and monthly Caseworker call.
- Web sites Medicare.gov and MyMedicare.gov: General information is being added to an appropriate page on these resources.

Adjusted claims are being noted on the individual's Medicare Summary Notice. Reprocessing started in March of this year, and CMS expects the process to last until early 2012.

Medicare Check-Up Days 2011

OSHIIP sponsors Medicare Check-Up Days in every Ohio county to help people evaluate their Part D plan and/or Medicare health plan options for next year. **Attend a local session to fulfill part of your annual recertification requirements.** Be sure to invite any of your clients who may benefit from this program.

Darke County — Greenville

Monday, Nov. 28; 10 a.m.
Brethren Retirement Community
750 Chestnut Street (*Counseling follows presentation.*)

Washington County — Marietta

Monday, Nov. 28; 9 a.m.
O'Neill Senior Center
333 Fourth Street (*Counseling follows presentation.*)

Lawrence County — South Point

Tuesday, Nov. 29; 10 a.m.
Briggs / Lawrence Co. Public Library
317 County Road 18

Warren County — Lebanon

Tuesday, Nov. 29; 10 a.m.
Warren Co. Community Services
570 N. State Route 741 (*Presentation at 10 a.m. followed by comparisons. Call Karen for an appointment: 513-695-2288.*)

Ross County — Chillicothe

Wednesday, Nov. 30; 10 a.m.
Ross Co. Senior Center
1824 Western Avenue

Tuscarawas County — Dover

Wednesday Nov. 30; 10 a.m.
Tuscarawas Co. Senior Center
425 Prospect Street (*Counseling follows presentation.*)

Scioto County — Portsmouth

Thursday, Dec. 1; 10 a.m.
Area Agency on Aging #7
Portsmouth Square Shopping Center
1644 11th Street

Guernsey County — Cambridge

Friday, Dec. 2; 9 a.m.
Guernsey Co. Senior Center
1022 Carlisle Avenue (*Counseling follows presentation. Call 740-439-6681 for an appointment.*)

Cuyahoga County — Shaker Hts.

Tuesday, Dec. 6; 9 a.m. - noon
Shaker Hts. Public Library
16500 Van Aken Boulevard

Get the entire list at

www.insurance.ohio.gov/Consumer/OSHIIP/Documents/MedicareCheckUp.pdf

Scheduled training sessions for 2012

Refresher training

Franklin Co. — Columbus

Thursday, March 1; 9 a.m. - noon
State Library of Ohio
274 E. First Ave.

Franklin Co. — Columbus

Wednesday, May 30; 9 a.m. - noon
State Library of Ohio
274 E. First Ave.

Complete training

Franklin Co. — Columbus

Feb. 2, 9, 16, 23; 9 a.m. - 3 p.m.
State Library of Ohio
274 E. First Ave.

Franklin Co. — Columbus

May 2, 9, 16, 23; 9 a.m. - 3 p.m.
State Library of Ohio
274 E. First Ave.

OVAB face-to-face meeting

Columbus, Friday, March 23; 9 a.m. - 2 p.m.
State Library of Ohio, 274 E. First Ave.

Did you know?

- 1 in 4 people age 55+ experience mental health disorders which are not a normal part of aging; these can include anxiety and mood disorders (Bartels)
- 1 in 5 older adults in the community experience symptoms of depression (American Association for Geriatric Physicians)
- Suicide is strongly associated with depression and other mental illness (Administration on Aging)



How to contact OSHIP:

- Call 1-888-686-VOLS (686-8657)
- Fax to: (614) 752-0740
- email to oshiipmail@insurance.ohio.gov



LOCAL HELP FOR PEOPLE WITH MEDICARE

This publication has been created or produced by Ohio with financial assistance, in whole or in part, through a grant from the Centers for Medicare & Medicaid Services, the Federal Medicare agency.



ODI
**Ohio Department
of Insurance**

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